

First Light 5:47 AM  
Sunrise 6:16 AM

# Wednesday - 21 Aug

Sunset 7:52 PM  
Twilight Ends 8:21 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement	
12:00	12:00 Registration Opens			Note: Please review the Ve page for more information on Ves and rituals.		
12:30						
1:00	1:00 -2:00 Lunch					
1:30						
2:00	Note: There will be an Art Contest happening throughout NET. Artists, please bring your entries to Sara Perrault in the vendor area where they will be displayed for all attendees to vote upon.					
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30						
6:00	6:00-7:00 Dinner					
6:30						
7:00						
7:30				7:30 - Ve-stead Opening Ritual Welcoming		
8:00						
8:30			8:30 - Lakeside Firepit S'mores Night and Stories			
9:00				9:00 - Syn Ve Syn Ritual		
9:30						
10:00				10:00 - Mani Ve Mani Ritual		
10:30						
11:00						
11:30						

First Light 5:48 AM  
Sunrise 6:17 AM

# Thursday - 22 Aug

Sunset 7:50 PM  
Twilight Ends 8:19 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement
Early					
8:00	<b>8:00-9:00 Breakfast</b>				
8:30					
9:00					
9:30		9:30 - David Carron <b>Welcome to NET!</b>	9:30 - Gaga Ball Pit <b>Gaga Ball for the Ga-Ga Set</b>		
10:00					
10:30				10:30 - Eir Ve <b>Eir Ritual</b>	
11:00		11:00 - Kat McDermott <b>Let's Talk (YOUR) UPG</b>	11:00 - Rock Wall <b>Rock Climbing/Ropes Course</b>		
11:30					
12:00					
12:30	<b>12:30 -1:30 Lunch</b>				
1:00			1:00 - Pool <b>Open Swim Time</b>		
1:30		1:30 - Patricia Lafayllve <b>Seidhr – We've got the evidence, now what?</b>			1:30 - Dance Room <b>The Runes in Three Stories (for Children)</b>
2:00					
2:30					
3:00		3:00 - Kyle Aaron Reese <b>"Telling Your Heathen Story"</b>		3:00 - Nerthus Ve <b>Nerthus Ritual</b>	
3:30				3:30 - Saga Ve <b>Saga Ritual</b>	
4:00	4:00 - The Cove <b>Karaoke</b>				4:00 - Arts & Crafts Room <b>Crafts: Paracord Bracelets &amp; Strings and Shells</b>
4:30		4:30 - Jai Mohan <b>Meditation Workshop</b>		4:30 - Loki Ve <b>Loki Ritual</b>	
5:00					
5:30					

First Light 5:48 AM  
Sunrise 6:17 AM

# Thursday - 22 Aug

Sunset 7:50 PM  
Twilight Ends 8:19 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement
6:00	6:00-7:00 Dinner				
6:30					
7:00				7:00 - Lofn Ve <b>Lofn Ritual</b>	
7:30				7:30 - Thor Ve <b>Thor Ritual</b>	
8:00	8:00 - The Cove Glow Stick Dance Party			8:00 - 3 Wells Ve <b>3 Wells Ritual</b>	
8:30					
9:00					9:00 - Hel Ve <b>Hel Ritual</b>
9:30					
10:00					
10:30					
11:00					
11:30					

First Light 5:49 AM  
Sunrise 6:18 AM

# Friday - 23 Aug

Sunset 7:49 PM  
Twilight Ends 8:18 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement
Early					
8:00	<b>8:00-9:00 Breakfast</b>				
8:30					
9:00					
9:30		9:30 - Dr. Annie Cúglas <b>Kindred of Mann: The First 15 Years</b>			9:30 - Crafts Room <b>Honoring the Gods with our Art (for Children)</b>
10:00				10:00 - Idunna/Bragi Ve <b>Idunna/Bragi Ritual</b>	
10:30				10:30 - Tyr Ve <b>Tyr Ritual</b>	
11:00		11:00 - Mike Smith <b>The Concept of Time in Heathenry</b>	11:00 - Rock Wall <b>Rock Climbing</b>	11:00 - Frigga Ve <b>Frigga Ritual</b>	11:00 - Crafts Room <b>Crafts: Stablemates Painting Session</b>
11:30					
12:00					
12:30	<b>12:30 -1:30 Lunch</b>				
1:00			1:00 - Pool <b>Open Swim Time</b>		
1:30		1:30 - Kat McDermott <b>"Is it baggage?"</b>		1:30 - Field <b>Kubb for Kids</b>	
2:00					
2:30					
3:00		3:00 - Kurt Hohmann & Paul Mercurio <b>"Monsters" of Norse Myth</b>		3:00 - Field - Niki Melish <b>Kubb Tournament</b>	
3:30				3:30 - Freyja Ve <b>Freyia Ritual</b>	
4:00				4:00 - Odin Ve <b>Odin Ritual</b>	
4:30		4:30 - Erika Wren <b>Others and Outsiders: How Tru Are You?</b>			
5:00				5:00 - Ve-Stead <b>Main Ritual Run-Through (Closed Event)</b>	
5:30					

First Light 5:49 AM Sunrise 6:18 AM		<b>Friday - 23 Aug</b>			Sunset 7:49 PM Twilight Ends 8:18 PM
	<b>Dining Hall</b>	<b>Arts Center</b>	<b>Field / Firepit / Pool</b>	<b>Ve-Stead</b>	<b>Arts Ctr Basement</b>
6:00	<b>6:00-7:00 Dinner</b>				
6:30					
7:00				7:00 - Heimdall Ve <b>Heimdall Ritual</b>	
7:30			7:30 - Lakeside Firepit - Ristandi <b>Skaldic Competition</b>		7:30 - Dance Room <b>Young Heathens Movie Night</b>
8:00					
8:30					
9:00	<b>9:00 - Main Hall Raffle and Auction</b>				
9:30					
10:00					
10:30					
11:00					
11:30					

First Light 5:50 AM  
 Sunrise 6:19 AM

# Saturday - 24 Aug

Sunset 7:47 PM  
 Twilight Ends 8:16 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement
Early					
8:00	<b>8:00-9:00 Breakfast</b>				
8:30					
9:00					
9:30		9:30 - David Carron <b>Ritual 101 (Build your own Blot!)</b>			9:30 - Crafts Room <b>Crafts for Toddlers</b>
10:00				10:00 - Ullr Ve <b>Ullr Ritual</b>	
10:30			10:30 - Field near Rock Wall <b>Dragon-Slaying for Children</b>		
11:00		11:00 - Ristandi <b>Lactic Lore: Milk and its Mysteries</b>			
11:30					
12:00					
12:30	<b>12:30 -1:30 Lunch</b>				
1:00			1:00 - Pool <b>Open Swim Time</b>		
1:30		1:30 - Jai Mohan <b>Queer Heathen Roundtable</b>			
2:00				2:00 - Archery Range <b>Youth Archery</b>	2:00 - Freyja Ve <b>Seidhr Ritual</b>
2:30					
3:00		3:00 - Elizabeth Sandifer <b>Heretical Heathenry</b>		3:00 - Field <b>Viking Games</b> Archery Axe Throw Hammer Toss	
3:30					
4:00					
4:30					
5:00					
5:30				5:30 - Ve-stead Firepit <b>Ritual Set-Up (Closed Event)</b>	

First Light 5:50 AM  
Sunrise 6:19 AM







# Saturday - 24 Aug

Sunset 7:47 PM  
Twilight Ends 8:16 PM

	Dining Hall	Arts Center	Field / Firepit / Pool	Ve-Stead	Arts Ctr Basement
6:00	6:00-7:00 Dinner				
6:30					
7:00					
7:30				7:30 - Ve-stead Firepit Main Ritual	
8:00					
8:30					
9:00					
9:30					
10:00					
10:30					
11:00					
11:30					

First Light 5:50 AM Sunrise 6:19 AM	<b>Sunday - 25 Aug</b>				Sunset 7:47 PM Twilight Ends 8:16 PM
	<b>Dining Hall</b>	<b>Arts Center</b>	<b>Field / Firepit / Pool</b>	<b>Ve-Stead</b>	<b>Arts Ctr Basement</b>
Early					
8:00					
8:30					
9:00					
9:30					
10:00					
10:30	<b>10:30 - 11:30 Brunch</b>				
11:00					
11:30				11:30 - Ve-Stead Field Closing Ritual	
12:00		12:00 NET Hosts Meeting (Closed Event)			
12:30					
1:00					

**We need to be packed up and shipped out no later than 1 PM.  
Please leave the camp as clean as, or cleaner than, we found it.  
Please sweep up your cabin and drop bagged trash in the dumpster.**

SCHEDULE LEGEND			
<b>COLOR</b>	<b>MEANING</b>	<b>COLOR</b>	<b>MEANING</b>
	Main Event		Youth Activity
	Ve or Other Ritual		Game or Competition
	Workshop or Class		Closed Event for Specific Invitees



## 2024 NET Ve List

All ves are open for personal communing anytime there is not an official ve ritual being conducted. Please save food offerings for just before main ritual.  
Please do not leave unattended candles or permit anything plastic/toxic to be burned as an offering.

Deity	Ve-Keeper	Ritual Day/Time	About the Ve
Ancestors	Sara Perrault	None	<p>A ve for remembrance and telling stories about your ancestors and loved ones.</p> <p>Feel free to make an entry in the journal about any of your beloved dead, their deeds, or inscriptions to them. The journal will be sealed up each night to prevent moisture retention from the evening's dew. Please leave any offerings to be burnt in the basket. Any offerings left in the bowl will be libated at the end of each day. Please do not leave food offerings in the basket to prevent attracting animals and insects. Any items you wish to add to the altar, but plan to return home with, are left at your own risk.</p>
Eir	Sarah Castrovinci	Thurs 8/22 10:30-11:00 am	A ve for Eir, for health and well-being as well as pregnancy and childbirth, medicinal herbs, plants, and home remedies.
Forseti	Glitnir Kindred	None	A ve dedicated to Forseti, where all strife is settled.
Frey	Three Wells Kindred	None	A place to visit with Freyr
Freyja	Patricia Lafayllve	<p>Freyja Ritual - Fri 8/23 3:30-4:00 pm</p> <p>Seidhr Ritual - Sat 8/24 2:00-3:00 pm</p>	<p>This ve honors Freyja. The hoard inside the ve is made up of offerings left by individuals for over twenty years. Please use the basket/bucket outside the ve for offerings which should be given to the ritual fire. If you wish an item to be blessed by Freyja, please leave it in the ve, and pick it up no later than Sunday, before the ve is taken down. If you wish to leave a permanent hoard offering, simply leave the item on the altar/in the ve. It will become part of the hoard when the ve is taken down, and will travel with Freyja from that point forward.</p> <p>The ritual for Freyja will be a guided meditation designed to form or deepen a connection to the goddess. Please bring a drinking vessel for offerings.</p> <p>The seidhr ritual is trance- and divination-based. Please come with open-ended questions to ask the Seer, if you so choose, and a drinking vessel. We will drink water as an offering as a means to help ground post-ritual, as needed.</p>
Frigga	Khristina Kurasz	Fri 8/23 11:00 am -12:00 pm	<p>Frigga, Queen of the Gods, keeper of knowledge and secrets, goddess of the household. Welcome to Fensalir!</p> <p>Let Frigga welcome you home. In this ve hall, keys will be available as tokens. What does your household need most this season: pen and paper will be available to write your need down, along with a basket for burnable offerings. No liquid. A long table will be set up representing the household, feel free to sit and commune with the Goddess especially regarding secrets or household advise.</p> <p>****A ritual to Frigga will include a simple weaving of threads together as a group, with one round to voice openly or in silence your need to the All Mother. No oaths</p>
Heimdall	Kevin Holian-Borgnis	Fri 8/23 7:00-7:30 pm	<p>A Ve for Heimdallr, who stands at Bifrost guarding the Gods from their enemies. He watches ready to blow the Gjallarhorn to alert the gods of the coming of Ragnarok.</p> <p>No weapons.</p> <p>Ve keepers will provide non-alcoholic drink during ritual. All food and drink (including alcohol) offerings are welcome, but also consider a cup of coffee or a few minutes standing watch in the Ve.</p>

## 2024 NET Ve List

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Please do not leave unattended candles or permit anything plastic/toxic to be burned as an offering.**

Deity	Ve-Keeper	Ritual Day/Time	About the Ve
Hel	Diane & John Richardson, Kurt Hohmann	Thurs 8/22 9:00-10:00 pm	A ve for working with the Guardian of the Dead and those who live on within the walls of her home.  Food and drink offerings are discouraged; instead we ask for messages to be delivered to Her denizens.
Idunna/ Bragi	Joshua Dickerson & Oak Wesen	Fri 8/23 10:00-10:30 am	A Ve honoring Idunna & Bragi. Please bring a small offering of poem, or song to be given to the gods.  Due to time constraints, this will be a 2 round blot with a call and response portion and time-limited second round for performance/hail.
Landvættir	Sara Perrault	None	A ve to honor the local Landvættir.  Please only leave biodegradable offerings or one's made of natural/unrefined materials only (e.g. wood is okay, paper is not).
Lofn	Signy Burke-Smith	Thurs 8/22 7:00-7:30 pm	Ve for Lofn, goddess of "forbidden" love. She helps bring those together who have non conforming relationships and her graciousness ushers understanding and acceptance.  The ritual will be in her honor, praise, and comfort.
Loki	Erika Palmer	Thurs 8/22 4:30-5:30 pm	Liquid and physical offerings are welcome. Please remove all plastic from offerings.  No weapons. No open food. That's how we get ants.
Mani	Phish Moore, Tim Knight, Mike Hicks & Nancy Lucas	Wed 8/21 10:00-10:30 pm	Source of magic and mystery, inspiration and ecstasy, In addition to the altar and offering baskets, Mani's ve will feature a gently illuminated night scrying bowl for those seeking the ineffable.
Mimisbrunnr	Perris Savagestusk and Three Wells Kindred	None	A Ve to meditate with Mimir. This ve will be part of a new 3 Wells Ve space. Due to absence of running water this year, Mimir will be set into standing water. There will be an offering bowl for Mimir outside of this water. Liquid or food offerings are preferable.
Nerthus	Anna Rose Wiggins	Thurs 8/22 3:00-3:30 pm	A ve for Nerthus.  Do not remove her veil or bring weapons into the ve.  A bowl for liquids and a basket for offerings will be available. No plastic or other non-burnable offerings.
Njord	Alfredo Porta	None	A ve to honor Njord, the god of prosperity, seafarers, and coastal waterways.  Bowl for libations and basket for any burnt offerings. Offer coins to Njord's chest for success in business and wealth. When the chest is filled the money will be contributed to the Save the Sound project in honor of Njord. Please be sure that offerings are burnable, no plastic materials please.
Odin	Mike Smith & Ristandi	Fri 8/23 4:00-5:00 pm	A Ve to honor Odin as god of Mystery and Magic. There will be a ritual as well. There will be a container for offerings to be immolated in the main ritual.
Rán	Kat McDermott	None	A Ve to honor Rán, the goddess and personification of the sea, wife to Ægir, mother of the waves.  There will be an offering bowl for liquid offerings and a basket for solid offerings. Please, no food offerings at this vé. All offerings in the bowl and basket will be burned in the main ritual fire. If you would like to leave rocks, shells, or beach glass on the altar to become a part of the vé, these will not be burned and will become part of the vé. Please do not remove any of these items from the altar.

## 2024 NET Ve List

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Please do not leave unattended candles or permit anything plastic/toxic to be burned as an offering.

Deity	Ve-Keeper	Ritual Day/Time	About the Ve
Saga	Elizabeth Sandifer & Penn Wiggins	Thurs 8/22 3:30-4:00 pm	"I made it all up and it all came true anyway." - Alan Moore  A Vé to honor Sága, an etymologically ambiguous goddess who's either the goddess of seeing, speaking, or deeply cheeky theories about how these are actually the same thing. In addition to standard offering baskets will be a book for gifts of words and language. There will be a public ritual that will require no prior planning.
Sigyn	Erika Palmer	None	A Ve to honor Sigyn, Loki's wife, our Victory Woman who demonstrates unwavering loyalty, love, and compassion.  In lieu of physical offerings, please consider offering time spent holding the bowl to ease her burden, even if only for a moment. Remember too her children and consider using the QR codes that can be found in the vendor area to donate to the Youth fund for NET.
Skaði	Kat Ybarra & Kyle Aaron Reese	None	A Ve to honor Skaði. Hail the huntress, strong of limb and spirit. There will be a basket to make natural/flammable offerings, and a bowl for liquid offerings as well.
Sunna	Cheyenne Rainford	None	Sunna's ve is a place to honor the sun. You are encouraged to sit here for morning meditations, a round of stretches, your first cup of coffee, or whatever other rituals you have to start your day. If you are interested in taking over this vé for the foreseeable future, please chat with Chey.
Syn	Cat Burke & Freyjadis Burke-Smith	Wed 8/21 9:00-10:00 pm	A ve for Syn who guards the doors of the hall and denies those that should not enter.  We will hosting a sumble in honor of Syn. Please bring something to sit on and a personal horn, mug, or other drinking cup so we won't be passing a horn.
Thor	Kurt Hohmann	Thurs 8/22 7:30-8:00 pm	A ve to Thor. There will be a Thursday procession and blot. Offerings can be made at any time.
Three Wells	Perris Savagetusk & Three Wells Kindred	Thurs 8/22 8:00-9:00 pm	Ve representation for Hvergelmir and the Well of Wyrð. Will include Mimir's Ve as part of the 3. The wells will be standing water style ve's with offering bowls. We invite you to pray, meditate, or do ritual at the 3 fonts of power. Food and liquid offerings are preferable.
Tyr	Bubba Rankin	Fri 8/23 10:30-11:00 am	A Ve dedicated to the god Tyr. God of the Thing and Oaths kept. A one round ritual will be conducted and feel free to bring an offering.
Ullr	Corrine Johnson	Sat 8/24 10:00-10:30 am	Come honor Ullr. As god of competitions, participants in the Viking Olympics (or Ulllympics) may wish to bring offerings to seek his blessing. As the god of archery and skiing, this son of Sif is still widely revered by the modern skiing community who have been known to wear his image for protection and hold huge celebrations in his honor to "pray for snow."

# Youth Activities

**ONGOING** - Arts Center Basement - Crafts Room - Jen Munson

## **Children's Arts & Crafts Room**

The children's craft area will feature drawing and painting supplies for anyone of any age who would like to use them. However please be respectful of the creative space and the hosts and monitor your own child while using the space, particularly if they are in the habit of putting art supplies in their mouth. Please keep the area tidy after use.

**ONGOING**

## **Swim Time**

Each day will have time where all at the event can swim. A lifeguard will be present during these times, but we request that each child under the age of 12 have adult supervision arranged for them at the pool.

Thursday 1:00-4:00 pm

Friday 1:00-4:00 pm

Saturday 1:00-4:00 pm

**ONGOING**

## **Rock Climbing**

There will be two one-hour sessions where youth (and any adults who would like to participate) can explore the Rock Climbing Wall at the camp. A campground safety officer will be present to assist, but we request that each child under the age of 12 have adult supervision while participating in this activity.

Thursday 11:00 am - 12:00 pm

Friday 11:00 am - 12:00 pm

**Wednesday 8:30 pm** - Lakeside Firepit - Jen Munson

## **S'mores Night & Stories**

The NET youth are invited to come enjoy some possibly spooky stories and s'mores by the fire! And adults are welcome to come and share some age-appropriate tales with all.

**\*Adult Supervision required for children under 12 years**

**Thursday 9:30 am** - Gaga Ball Pit - Tim Knight

## **Gaga Ball for the Ga-Ga Set**

A fun time at the ball pit for toddlers and a good time for their parents to get to socialize.

**Thursday 1:30 pm** - Arts Center Basement - Dance Room - Perseus Ferguson

## **The Runes in Three Stories**

Children will listen to three stories from Norse myth while holding a small number of runes. Every time a concept in the story is represented by one of the runes, the child holding it will be encouraged to hold it up. Attendees should be able to read an "I Can Read" book.

**Thursday 4:00 pm** - Arts Center Basement - Crafts Room - Cori Johnson & Jen Munson

## **Crafts: Paracord Bracelets & Strings and Shells**

Youth craft time to create paracord bracelets with Cori and Strings & Shells with Jen.

**Thursday 4:00-5:30 pm** - The Cove - Niki Melish & John Fitzgerald

## **Karaoke**

Come out to the Cove for an all-ages sing-a-long. Earplugs optional.

**Thursday 8:00-9:30 pm** - The Cove - Jen Munson

## **Glow Stick Dance Party**

Dance the night away at the all-ages dance party! Glow rings, games, non-alcoholic drinks and snacks will be available. Children 12 and under should be accompanied by an adult.

**Friday 9:30 am** - Crafts Room - Tim Knight

## **Honoring the Gods with our Art**

Let's talk about the concepts of "blot" and "sacrifice" in a way that anyone of any age can understand it. We'll gather at the Craft area and make artwork to sacrifice to the God or Goddess of our choice. Once a piece is completed, the maker should take the artwork to the ve for the God or Goddess (if one exists) or a general basket for the Gods. Children under 5 should be accompanied by an adult.

**Friday 11:00 am** - Crafts Room - Ray Jay

## **Crafts: Stablemates Painting Session**

Crafting time for those who would like to paint Breyer Stablemates horses. Supplies will be provided.

# Youth Activities

**Friday 1:30 pm** - Field - Bubba Rankin & Mike Stahl

## **Kubb for Kids**

A few kubb sets will be set up to allow the youth to learn and play a few pick-up games of Kubb.

**Friday 7:30 pm** - Arts Center Basement - Dance Room - Tim Knight & John Fitzgerald

## **Young Heathens Movie Night**

Bring the little ones down for an age-appropriate (5 & under) movie night.

**Saturday 9:30 am** - Arts Center Basement - Crafts Room - Jen Munson

## **Crafts for Toddlers**

Toddler-appropriate craft time.

**Saturday 10:30 am** - Field near Rock Wall - Perseus Ferguson

## **Dragon-Slaying for Children**

Children will work as a team and use foam weapons to fight against horrible monsters (adult volunteers) to make a magic sword, climb a mountain, and slay a dragon. Children younger than age 6 should be accompanied by a parent or guardian.

**Saturday 2:00 pm** - Archery Range - Mike Stahl & Bubba Rankin

## **Youth Archery**

Mike Stahl and Bubba Rankin will facilitate archery for the children. Come out to learn or practice your skills at archery!

# Workshops

## **Welcome to NET! (A primer for newbies and refresher for old farts) – David Carron**

*Thursday, 8/22/2024, 9:30 am*

Is this your first North East Thing? Be welcome to learn some history! New to Asatru or Heathenry? Want to reminisce of past events? WTF is Frith? Then come on down for some history, the who's, how's and why's. We explain drinking and toasting so that you aren't the "cool kid" wearing your mead from your first horn. (And we'll put that to the test!) We talk about some of meaningful rituals and fun of yore. Meet some folks and make some friends. Fire away with your burning questions!

## **Let's Talk (YOUR) UPG – Kat McDermott**

*Thursday, 8/22/2024, 11:00 am*

UPG, or Unverified Personal Gnosis, is spiritual belief gained through personal experience that cannot be corroborated by scholarship. As heathens, these experiences inform how we practice our religion. This conversation, and it will be a conversation, will focus on how members of the community create their own UPG through their experiences, how you're already creating your own (without even realizing you're doing it), and how that UPG informs how we perceive and practice modern heathenry. We will also be discussing how shared gnosis creates community traditions and how these traditions inform our practice in the Northeast Heathen Community.

## **Seidhr – We've got the evidence, now what? – Patricia Lafayllve**

*Thursday, 8/22/2024, 1:30 pm*

In this workshop, Patricia Lafayllve will discuss the line between folklore/canon knowledge and modern practice. She will discuss various methods she has learned through her own experiential process, and go further to show how original/secondary materials can be interpreted to suit the individual seidhr-worker. While this is a discussion of experiential practice, there will be no seidhr worked in this session. This workshop does not require any prior knowledge of seidhr, or the personal practice of it in any of its forms.

## **"Telling Your Heathen Story" – Kyle Aaron Reese**

*Thursday, 8/22/2024, 3:00 pm*

Recently I held a Lore Chat that called on attendees to tell their favorite stories from the eddas and sagas, in their own words. This was by far my favorite lore chat. These stories morphed from the telling of an ancient story to the reasons why those particular stories were so important to the teller. We learned so much about one another in profound way, and realized that our stories are important, and can have an impact on other heathens' spiritual development. We all followed our own unique path to get where we are spiritually, and it is a feat of fate that this diverse, loving group of people just happen to coincide once a year. Let's tell each other our stories!

## **Meditation Workshop – Jai Mohan**

*Thursday, 8/22/2024, 4:30 pm*

A meditation workshop focusing on breath, gentle movement, voice work, and light journeying. Join us in relaxing our muscles, galdoring runes, and greeting the World Tree. All ages are welcome, though young children might get bored; participate at your comfort level. Rocks for fidgeting will be available to borrow. If you'd like, feel free to bring a blanket, towel, or yoga mat.

## **Kindred of Mann: The First 15 Years – Dr. Annie Cúglas Humphrey, Ph.D**

*Friday, 8/23/2024, 9:30 am*

Founded in January 2009, the Kindred of Mann was started by Annie Cúglas and Mat Berlinski to venerate the gods, wights, and folk ways of the North Atlantic islands from Ireland to Iceland, with a special focus on the Isle of Man. Initially considered an ahistorical "fusion", trends in heathenry have come around to region-specific tradition, and now KoM serves as the standard for insular Norse-Gaelic praxis. This workshop explores the sources and theories we rely on, successful and not-so-successful ventures in creative re-creation, as well as some of the fun idiosyncrasies that have become part of our ritual year. Learn about our motto "frið oc' firinne", why our horn has mistletoe carved on it, and some of the highlights and special memories of our fifteen years (so far!).

## **The Concept of Time in Heathenry – Mike Smith**

*Friday, 8/23/2024, 11:00 am*

Urð & Skuld & Örlog... Oh my!

In this workshop, presented by Mike Smith (Úlfar aff Jera Þjóð), an introduction into the fascinating world of the concepts of Urð, Örlog, and other heathen concepts of time will be explained using myth, word etymology, scholarly works, and humorous theatrics that will assist in understanding and connecting other aspects of Heathen theology, cosmology, metaphysics, and magic. Questions and answers will follow, time permitting.

# Workshops

## **"Is it baggage?": A panel discussion and group conversation – Kat McDermott**

*Friday, 8/23/2024, 1:30 pm*

In this panel discussion, participants will discuss the different types of "baggage" that people bring with them when they come to Heathenry, whether they be related to veneration, practice or rituals, the structure of the pantheon, and more. Most folks aren't immune from this as ideas of what religion is "supposed" to look like are ingrained in us culturally from a young age, particularly folks who migrate from monotheistic religions to polytheistic ones. While there is nothing inherently wrong about having "baggage" it's important to identify to prevent gatekeeping, etc. Types of "baggage" will be discussed as well as how to be mindful of your own baggage.

## **The "Monsters" of Norse Mythology – Kurt Hohmann & Paul Mercurio**

*Friday, 8/23/2024, 3:00 pm*

Norse mythology does an amazing job of creating strict delineations (Aesir v Jotnar; or Masculine v Feminine) and then blurring those lines (Skadhi and Gerd; or Odin as Jalkr / Geldnir). And now many inclusive Heathens are currently working with or creating space for entities that have historically been seen as monsters or as enemies of the gods. What's going on? What can we learn from each other? What does it even mean to be a "monster" anyway? All respectful perspectives are welcome in this workshop: the goal here is understanding, not necessarily consensus.

## **Others and Outsiders: How Tru Are You? – Erika Wren**

*Friday, 8/23/2024, 4:30 pm*

How far from the Bifrost does your path take you when you leave the Thing? What gods and other entities hold space on your altar and in your heart? Join us at this round table to discuss what our Heathenry looks like during the 360 days of the year that we aren't together. Come with an open mind and the understanding that the host reserves the right to sew your lips shut if you get combative.

\*Teens are welcome if their parents think they are mature enough for this discussion. Babies and toddlers are welcome.

## **Ritual 101 (Build your own Blot!) (Or, now that we are here, what do we do?) – David Carron**

*Saturday, 8/24/2024, 9:30 am*

Now that you have your small band of folks together, ready to honor the Gods what's next? We talk about the deconstruction and reconstruction of Asatru ritual structure with a bedrock of a variety of Nordic cultural and historical perspectives. We design a Blot while trying to juggle the variety of purposes of a historical, cultural, utilitarian, spiritually meaningful ritual to honor the Norse Gods.

## **Lactic Lore: Milk and its Mysteries in Germanic Religious and Magical Tradition – Ristandi**

*Saturday, 8/24/2024, 11:00 am*

From cosmogonic myths involving the udders of a Cosmic Cow, to necromantic rites that command the Dead to steal milk from your neighbor's herds. From rituals involving kiðjamjólk as a psychoactive substance, to fertility rites involving sorcerous staves carved into hunks of cheese, to the use of human breast milk in healing remedies throughout the Germanic speaking world – milk and all of its various manifestations and transformations have been closely associated with magic and mystery in our vernacular practices of sorcery and healing for thousands of years. This workshop interrogates the myriad ways in which milk, cheese, butter, cream, and curds serve as mythic metaphors, symbols of sorcery, and operative magical tools. Join me as we tug the teats of tradition, and together explore the magic and myth of milk.

## **Queer Heathen Roundtable – Jai Mohan**

*Saturday, 8/24/2024, 1:30 pm*

A peer discussion group on topics related to being queer/trans and Heathen. This group centers those under the LGBTQIA+ umbrella.

# Workshops

## **Heretical Heathenry – Elizabeth Sandifer**

*Saturday, 8/24/2024, 3:00 pm*

“Without contraries is no progression.” – William Blake, *The Marriage of Heaven and Hell*

The increasing decentralization of heathenry and the rise of online communities has led to a wealth of ideas and approaches that range from controversial to downright scandalous. Never mind Loki inclusionism—an issue the community has largely found consensus on. These days you can find people making entirely serious arguments for working with primordial forces of chaos like Surtr. To say nothing of the increasingly common approach of creating complex interpretations of various gods and goddesses whose actual appearances in the lore are scant at best—a phenomenon on full display in our véstead, not least at the Sága vé. Or, for that matter, of UPG in general, or cross-pantheon worship. This workshop will offer a brief presentation that uses these controversies, along with historical examples from monotheistic religions, to offer a framework for understanding heresy as a productive force that is valuable even when—and perhaps especially when—it’s completely wrong, followed by an open discussion in which participants will be encouraged to think both about their own heresies and their reactions to others’.



# Presenter Bios

## **David Carron** *(repeat presenter)*

David Carron professed Asatru about 30 years ago and a Raven Kindred North member for much of that time. NET Elder. Child Protection and Family Attorney. Former Redeman of the Troth. Former Ravencast podcaster. Former Co-President of UMass Pagan Students Organization. Currently haunting New England.

## **Kurt Hohmann**

Kurt Hohmann has been exploring pagan paths since the early 90's, and a member of The Troth since 2006; currently serving both as steward for upstate New York and ordained clergy. In CNY, he's a founding member of Úthellingu Kindred, both in leadership and clergy roles, and has been involved in Pagan Pride since its inception in 2000. Working closely with both Thor and Hel has provided for unique outlooks and some interesting rides.

## **Dr. Annie Cúglas Humphrey, Ph.D** *(repeat presenter)*

Annie Cúglas is vice president of the Northeast Thing e-board and goði of the Kindred of Mann. They wrote their PhD thesis on the Norse in Ireland, and are currently working on their first book, to be published by Inner Traditions. Annie teaches history at Kean University and Ocean County College, and lives in New Jersey with their husband, Mat, and children, Arthur and Rowan.

## **Patricia Lafayllve** *(repeat presenter)*

Patricia Lafayllve is a proud member of Two Ravens Kindred. She has been heathen for thirty years, and has been generally pagan since she was 18 years old. Patricia is the author of two books, Freyja, Lady, Vanadis: An Introduction to the Goddess and A Practical Heathen's Guide to Asatru. She is currently serving The Troth as the Connecticut Steward, and is considered an Elder and Godperson through The Troth, as well. Patricia is a seidhkona and Freyjasgythja and has presented workshops, discussions, panel sessions, and rituals of various kinds throughout America.

## **Kat McDermott** *(repeat presenter)*

Kat has been attending the Thing since 2013 and has been Heathen since 2008. She started on the pagan path back in 1999, which inspired her to get her degree in History, with a concentration in Medieval Studies. Kat began her career in event management back in 2007 while working at the American Museum of Natural History in New York and has used these skills both in the non-profit and corporate worlds, and has been supporting the Team that runs the Thing since 2018. She currently is the Assistant Events Manager for Breyer Model Horses, managing four major events a year, including the flagship event, BreyerFest, which hosts more than 15,000 guests annually.

## **Paul Mercurio** *(repeat presenter)*

Paul Mercurio is a queer inclusive Heathen who served as the Troth's NYC Area Steward for 7 years, and was a founding member of both Úthellingu Kindred in CNY and later the North River Kindred in Brooklyn. He has led workshops, served as clergy and recently started the 8hoof artist cooperative, which is working to produce an Odin Oracle deck.

## **Jai Mohan** *(repeat presenter)*

Jai Mohan (ze/hir, xe/xem, he/him) is a composer, singer, poet, voice coach, trance practitioner, and Odinsman.

## **Kyle Aaron Reese**

Kyle Aaron Reese is a member of North River Kindred and serves on the board of The Troth. He comes from an academic background with studies in anthropology, political science, gender studies, and a Master of Arts in Human Rights. In practice, he is a mead maker and craftsman working in wood, stone, and whatever else he can get his hands on! He is a Member of North River Kindred, NYC Steward, Lead Moderator, Clergy Student and Board Member of The Troth.

## **Ristandi** *(repeat presenter)*

Ristandi has been working with the Northern Mysteries for just shy of 40 years. He holds a PhD in Folklore and Mythology from UCLA with a particular focus on Vernacular Religion, Folk Belief, and Ritual. For several years he co-chaired the Religion and Folklore Seminar of the American Academy of Religion. He is a Master in the Rune-Gild (which he joined in 1993) and currently serves as a member of its standing High Rede. Over the years, Ristandi has contributed academic works to the University of Pennsylvania's Magic, Ritual and Witchcraft journal, Gnosis: The Journal of Gnostic Studies, several edited volumes and museum catalogs, and has also published in more esoteric publications like Symbol, Rûna, Odin's Brew, and Rune-Kevels. He has presented on various aspects of Germanic magic and religion around the continent at gatherings like Pantheacon, Starwood, Rites of Spring, Trothmoot, Hail and Horn, Summer's Wane, and at several International Moots of the Rune-Gild.

# Presenter Bios

**Elizabeth Sandifer**

Elizabeth Sandifer is an ex-academic turned freelance writer and cultural critic from Ithaca, New York. Her work fuses her involvement in mysticism and the occult tradition with whatever her ADHD-fueled magpie brain fixates on, which has so far included British comic books, Doctor Who, They Might Be Giants, and neo-nazi techbros. In 2019 she married into Heathenry, building on a longstanding affinity for Loki. She quickly came upon Sága, who she realized she had already been working with for some time, and formally dedicated herself into the deeply idiosyncratic service of the goddess.

**Mike Smith** *(repeat presenter)*

Mike Smith has been an open, public member of the Ásatrú and heathen community for over 35 years. Once a member of Raven Kindred North in the mid- 1990's, he left to be the founder of Athelingúlf Fellowship, which upon moving to New Hampshire, evolved into the Úlfar aff Jera Þjóð in 2005. Over the years, he has written many articles, participated in Pagan Pride Days, and has been a regular presenter at major heathen regional events since 1999. He has also been interviewed and featured in many articles, text books, podcasts, and symposiums concerning Norse Heathenry over the years.

**Erika Wren** *(repeat presenter)*

Erika Wren is a Heathen, a podcaster, and a mom. They are active in the Northeast Heathen community, Gothi of House of Nine Waves, and Secretary of Northeast Thing.