## GOING ON A TRIP?

WHAT THE HIPPIES AND FREAKS
CAN TEACH US ABOUT ALTERED STATES OF CONSCIOUSNESS

AS THE NORTHEAST HEATHEN COMMUNITY GROWS AND INCLUDES MORE VARIED FORMS OF RITUAL, BOTH PUBLIC AND PRIVATE, INCLUDING THOSE OF AN ECSTATIC AND ESOTERIC NATURE, I FEEL THAT THERE IS A NEED FOR A MORE PROSAIC CONVERSATION TO EXPLORE AND DISCUSS THE VARIOUS FORMS OF MEDITATION AND CONSCIOUSNESS EXPLORATION THAT WE ENGAGE IN IN OUR PRACTICE. I WOULD ALSO LIKE TO LOOK AT THE COUNTERCULTURE OF THE 60S AS A MODEL OF PRACTICE SPECIFICALLY THE COMBINATION OF MUSIC AND ART AS A MEANS TO EXPRESS AND EXPLORE SPIRITUALITY AND A GREATER SENSE OF SELF-AWARENESS AND HOW THESE CONCEPTS AND TECHNIQUES CAN BE USED TO INFORM US INDIVIDUALLY AND IN A LARGER GROUP SETTING/WORKING.

DARK STAR CRASHES
POURING ITS LIGHT INTO ASHES
REASON TATTERS
THE FORCES TEAR LOOSE FROM THE AXIS
SEARCHLIGHT CASTING
FOR FAULTS IN THE CLOUDS OF DELUSION

SHALL WE GO, YOU AND I, WHILE WE CAN?
THROUGH THE TRANSITIVE NIGHTFALL OF DIAMONDS

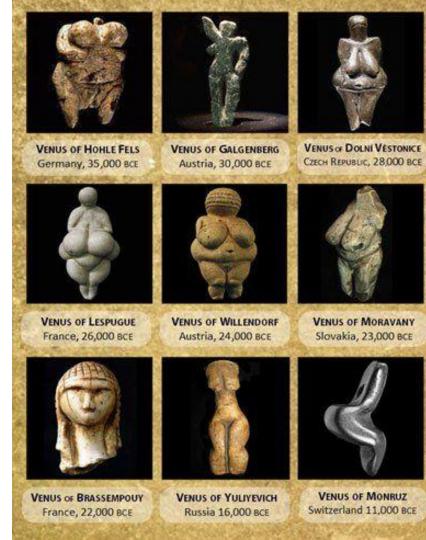
"DARK STAR" GRATEFUL DEAD



FROM MY FIRST PUBLISHED PAPER IN 1946, MY OBSESSION HAS BEEN TO OBJECTIFY INNER EXPERIENCES, TO DEMYSTIFY THE SOFTWARE OF HUMAN EXISTENCE. HOW? BY RELATING CHANGES IN EXTERNAL BEHAVIOR, SYSTEMATICALLY AND LAWFULLY, TO CHANGES IN THE BRAIN. TIMOTHY LEARY

















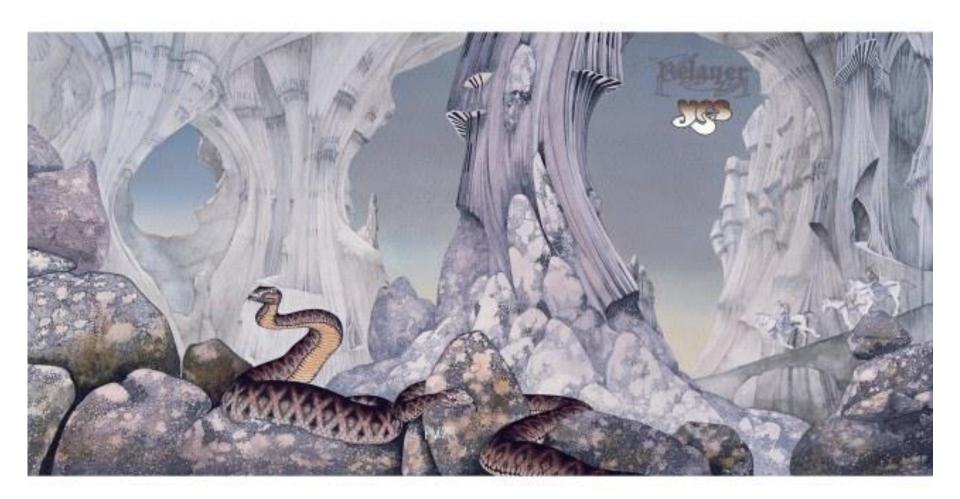


A SEASONED WITCH COULD CALL YOU FROM THE DEPTHS OF YOUR DISGRACE AND REARRANGE YOUR LIVER TO THE SOLID MENTAL GRACE AND ACHIEVE IT ALL WITH MUSIC THAT CAME QUICKLY FROM AFAR THEN TASTE THE FRUIT OF MAN RECORDED LOSING ALL AGAINST THE HOUR AND ASSESSING POINTS TO NOWHERE. LEADING EVERY SINGLE ONE A DEWDROP CAN EXALT US LIKE THE MUSIC OF THE SUN AND TAKE AWAY THE PLAIN IN WHICH WE MOVE AND CHOOSE THE COURSE YOU'RE RUNNING

DOWN AT THE EDGE, ROUND BY THE CORNER NOT RIGHT AWAY, NOT RIGHT AWAY
CLOSE TO THE EDGE, DOWN BY A RIVER
NOT RIGHT AWAY, NOT RIGHT AWAY

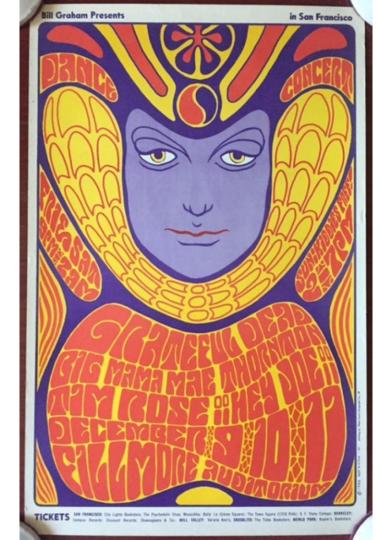
"CLOSE TO THE EDGE" YES



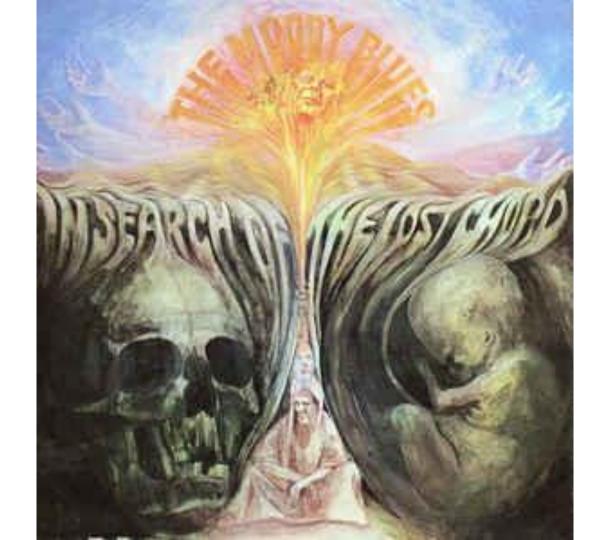


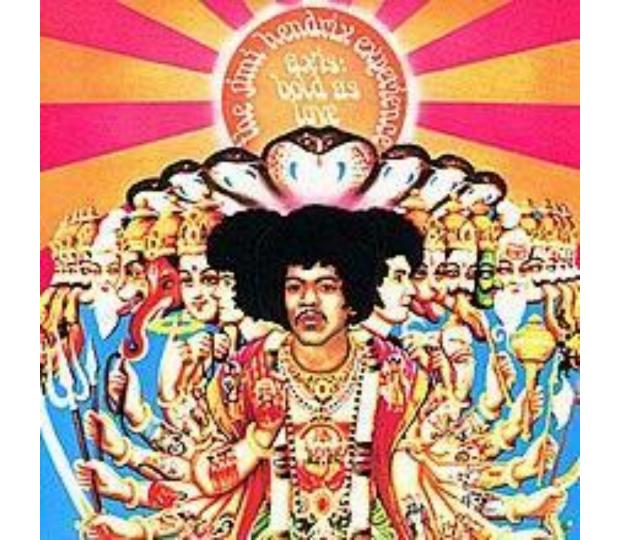
BEGIN THE DAY WITH A FRIENDLY VOICE A COMPANION, UNOBTRUSIVE PLAYS THAT SONG THAT'S SO ELUSIVE AND THE MAGIC MUSIC MAKES YOUR MORNING MOOD

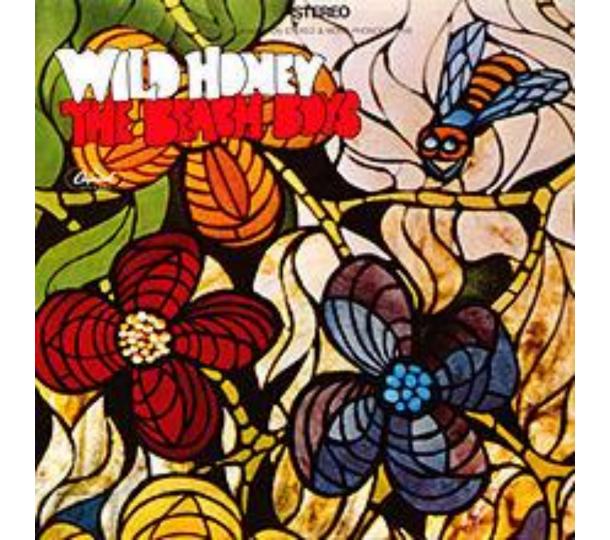
"THE SPIRIT OF RADIO" RUSH

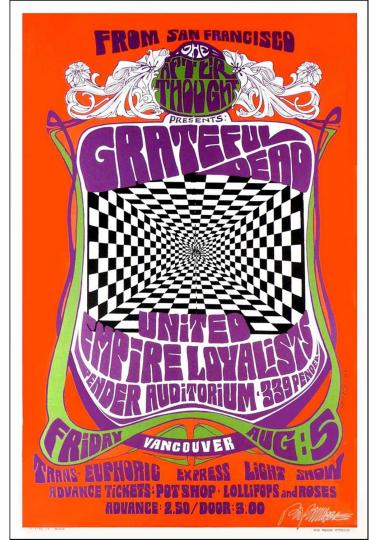












THE WHEEL IS TURNING AND YOU CAN'T SLOW DOWN
YOU CAN'T LET GO AND YOU CAN'T HOLD ON
YOU CAN'T GO BACK AND YOU CAN'T STAND STILL
IF THE THUNDER DON'T GET YOU THEN THE LIGHTNING
WILL

"THE WHEEL" GRATEFUL DEAD



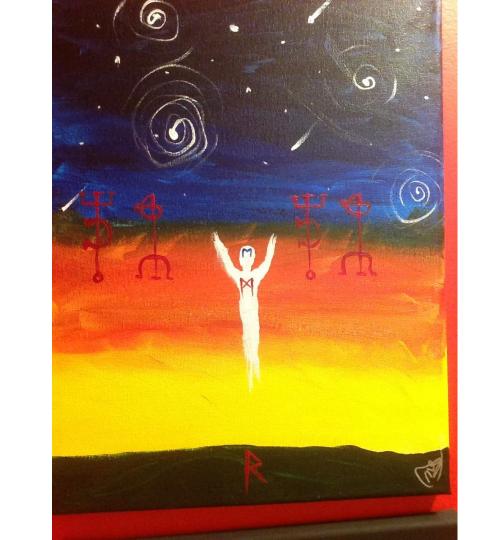




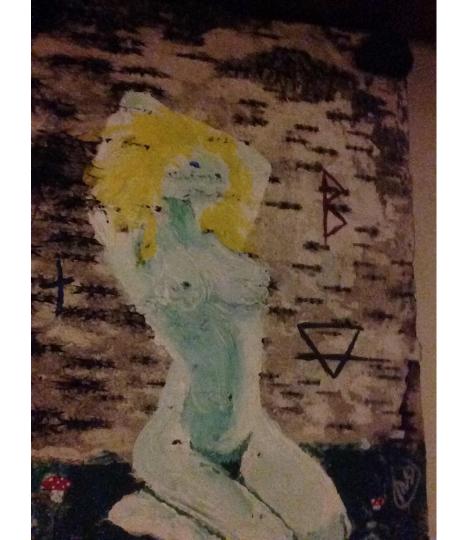


## VISION WITHOUT EXECUTION IS JUST A HALLUCINATION - THOMAS EDISON







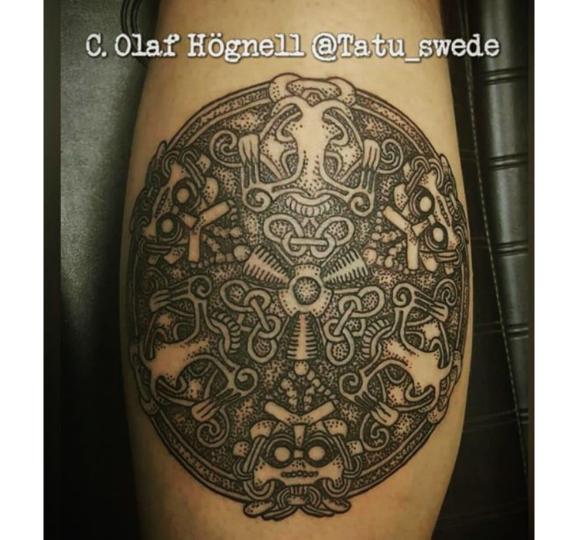




I'D REALLY LIKE TO HELP YOU, MAN
I'D REALLY LIKE TO HELP YOU, MAN
NERVOUS MESSED UP MARIONETTES
FLOATING AROUND ON A PRISON SHIP

YOU CAN TRY THE BEST YOU CAN
YOU CAN TRY THE BEST YOU CAN
THE BEST YOU CAN IS GOOD ENOUGH
YOU CAN TRY THE BEST YOU CAN
YOU CAN TRY THE BEST YOU CAN

"OPTIMISTIC" RADIOHEAD







THIS YOUNG MAN NEVER HAD A BUMMER IN SOME THIRTY-THREE LSD TRIPS. EVERY ONE OF THEM WAS A DELIGHT. EVERYTHING UNDER CONTROL. HE NEEDED ONLY TO SNAP HIS FINGERS AND DOWN HE CAME, ANY TIME. BUT ON VOYAGE 34 HE FINALLY MET HIMSELF COMING DOWN AN UP-STAIRCASE, AND THE ENCOUNTER WAS CRUSHING.

"VOYAGE 34 PHASE 1" PORCUPINE TREE



MAYBE YOU'RE HERE FOR THE GIGGLE
MAYBE YOU'RE INTO THE PUZZLE
MAYBE YOU'RE BLOWING THE BUBBLE
MAYBE YOU'RE ALL IN A MUDDLE

THE MORE YOU KNOW
THE MORE YOU KNOW YOU
DON'T KNOW WHAT YOU KNOW
STONE'S THROW LEFT TO GO
BAD WEATHER HELL FOR LEATHER
NOW AND ZEN YOU GOOF AGAIN
YOU NEVER BLOW YOUR TRIP FOREVER

"YOU NEVER BLOW Y'R TRIP FOREVER [GONG BUT NOT FORGOTTEN]" GONG